



Nutrition & Dietetics

NOURISH LIVES, GROW YOUR CAREER

Become a Leader in Promoting Health and Wellness

Our program prepares compassionate, skilled professionals to thrive in diverse and fast paced environments. You will receive top-tier education, hands-on training, and professional guidance in a real-world learning environment. Start or grow your career in nutrition, healthcare, and beyond—or continue on to advanced education. You can earn a Dietary Manager Certificate, an Associate's Degree in Dietetic Technology, or an Associate of Science for Transfer, and pursue a fulfilling future doing what you love.

START HERE



HIGH SCHOOL STUDENTS - GET A HEAD START WITH DUAL ENROLLMENT!

Talk to a Counselor for more information.

1 New to the Field?

2 Ready to Advance Your Career in Nutrition?

3 Know You Want to Be a Registered Dietitian (RD)?

Certificate of Achievement (CA)

Dietary Manager (Dietetic Service Supervisor)
19 units

Qualifies you to be hired as a Dietetic Service Supervisor and prepares you to sit the National Certified Dietary Manager (CDM) exam. Pass the CDM exam and you can be hired as a Certified Dietary Manager.



Associate in Science for Transfer (AS-T)

Nutrition & Dietetics
60 units

An Associate Degree for Transfer (ADT) is a two-year degree that prepares California Community College students to transfer to a California State University (CSU).



Associate in Science Degree (AS)

Dietetic Technology (DT)
60 units

AS Attainment qualifies students to receive the Verification Statement from the Program Director and they are then eligible to sit for the national exam to become a Dietetic Technician, Registered (DTR).



Local transfer options include:



Degrees are awarded upon the satisfactory completion of the major course and General Education requirements.



Certificates can stand alone or stack toward advanced credentials. Arrows show where stacking options or connections exist.



My experience at Merritt College was a turning point in my life. Earning a professional certification validated my years working in food service, gave me opportunities in nutrition care, forging a pathway to that first job in healthcare which seemed elusive for so long. The job is blossoming into a fulfilling and lifelong career! I could not be where I am today without the accessible opportunity that Merritt College has afforded me.

Elizabeth C. Freitas
MPH, NDTR, CHES®
Nutrition and Wellness Professional



Exam preparation for Industry Certifications are built into this pathway! Merritt students have an approximately **90% pass rate!**



Lead with Purpose

Find a fulfilling career in hospitals, nursing homes, schools and more.

1 For those new to the field, the dietary manager program takes 18 months and includes a one-semester internship. Both options prepare you to take the national Certified Dietary Manager (CDM) exam.

2 Have you worked two or more years full time in the field? If so, you can complete the **Dietary Manager program** in just 12 months!

Dietary managers play a vital role in health care facilities, overseeing kitchen operations, ensuring safety and sanitation, and collaborating with dietitians to provide top-notch nutrition care.

Nationally Ranked Career

Dietetic Technicians are ranked among the **top careers nationwide** for job openings and growth through 2032.



High demand. Fast growth. Real impact.
careeronestop.org

Transform Lives Through Nutrition

Enjoy a competitive salary and strong career growth in hospitals, nursing facilities, schools, and community health programs.

3 Build a rewarding career in healthcare by helping people heal, stay healthy, and thrive using food and science. Start by earning a degree that will prepare you to take the national exam and become a **Dietetic Technician Registered (DTR)**. This program typically takes 2.5 years to complete, and includes a three-semester internship.

Dietetic Technicians work alongside Registered Dietitians in healthcare settings. They handle nutrition screening, dietary education, food service, and menu modifications, making them vital members of the healthcare and food service management teams.



Get Started on Your Future Today

Scan the QR code or visit
www.merritt.edu to apply.



Merritt College puts students first.

For decades, it has stood at the intersection of social justice, community empowerment, and career-focused education—expanding opportunity for underrepresented communities and supporting pathways into meaningful, living-wage careers. Whether you're switching professions, building new skills, or aiming for a promotion, Merritt's Career Education programs help you reach your goals through hands-on training, immersive career exploration, and support tailored to every student—especially working adults.

Our programs prepare students for licensure and certifications with strong pass rates and are aligned with high-demand jobs in the Bay Area and beyond. It's never been easier to complete a certificate, earn an Associate's degree, or prepare to transfer to a CSU or other four-year university. With flexible class times—morning, evening, and online—and services like counseling, the Learning Center, EOPS, and Student Accessibility Services (SAS), Merritt meets you where you are.



Meet with a Counselor early and often!

Whether you're enrolling in classes, exploring career options or navigating personal challenges, Counselors have your back! Counselors are available through scheduled appointments, remote drop-ins, and e-counseling (for specific needs).



Visit merritt.edu/counseling/ to learn more, or contact a dedicated Career Education Counselor at MCCareerEd@peralta.edu