

Prioritizing Your Values

What's Important to You?

To make the best career decisions you should figure out what you care about first

We all seek the same things: to be happy, to have room to grow, to feel alive, to find meaning, and to be successful. These things tend to occur when our company's values run in direct alignment with our own.

1. Look at the lists below and circle/highlight each value with which you resonate. Don't think too hard on this step. You can write in your own value if you feel it is missing from this list.
2. Then, underline the 'Top 10' values of the ones you selected. This step may take more time, as it's often difficult to limit the amount of values we afford ourselves.
3. Here comes the hardest, but most important, part of the exercise: rank your 'Top 10' values, with #1 being most valued and #10 being least valued. It may help to cut out the values and sort them.

Status / Authority	Loyalty	Structure / Order
Intellectual Stimulation	Optimism	Fame / Notoriety
Learning	Stability / Security	Money / High Salary
Community	Openness	Tenacity / Intensity
Integrity	Self-Expression	Wonder / Curiosity
Creativity	Beauty / Aesthetics	Professionalism
Fun / Play	Altruism	Self-Reliance
Compassion	Adventure	Spontaneity
Tranquility	Physicality/Use Body	Freedom / Flexibility
Cutting-Edge	Diversity	Collaboration
Risk-Taking	Spirituality	Fast Pace
Efficiency	Genuineness	Reliable Schedule
Family/Free Time	Accuracy	Outdoors / Nature

You want to focus on your Top 5 values as you consider career opportunities.
If you're struggling with a decision, oftentimes it's because 2 or more values in your 'Top 10' list are in conflict.
And if you're less than content in your job, chances are, some of your top values are not present.