

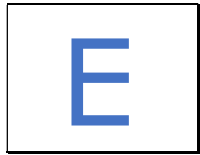
# Myers-Briggs Type Indicator

What are your core personality preferences?



**Mark a spot on each of the 4 horizontal lines to determine your “Type”**

The distance your mark is from the center of the line determines the intensity of that particular trait



## **Extroversion**

Direct energy toward the outside world. Get energized by interacting with people and taking action



## **Introversion**

Direct energy toward their inner world. Get energized by reflecting on their ideas and experiences



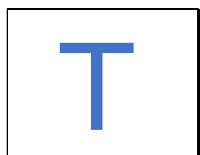
## **Sensing**

Take in information that is real and tangible. Focus on what you are able to perceive with the 5 senses



## **Intuiting**

Take in information by seeing the big picture; focus on the patterns and relationships of things



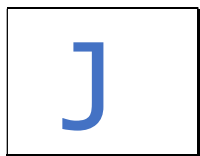
## **Thinking**

Base decision-making on logic with accuracy and objective truth as the primary goals



## **Feeling**

Base decision-making on personal and social values with understanding and harmony as the primary goals



## **Judging**

Come to conclusions quickly and want to move on; take an organized, planned approach to the world



## **Perceiving**

Look for more information before settling on a conclusion; take a spontaneous, flexible approach